

**THERESA WESTFALL  
PATIENT SELF-REPORT: ADULT**

Patient Name: \_\_\_\_\_ Age: \_\_\_\_ Date: \_\_\_\_\_  
Name of person completing this form (if not patient) \_\_\_\_\_

1. Briefly describe the problem which brought you here today: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Are you having thoughts of hurting yourself or someone else? YES NO  
If yes, please explain: \_\_\_\_\_  
Have you ever had thoughts of hurting yourself or someone else? YES NO

**PAST TREATMENT**

3. Have you ever been treated for psychiatric, substance abuse, emotional,  
or behavioral problems in the past? YES NO  
If yes, when, where, and with whom? \_\_\_\_\_  
Did you find past treatment helpful? YES NO

4. Are you currently under the care of a psychiatrist, therapist, or your  
primary care provider for a psychiatric problem? YES NO

5. Are you currently taking any psychiatric medications? YES NO  
If yes, please list name(s) and dosage(s): \_\_\_\_\_

Have you ever taken any psychiatric medications? YES NO  
If yes, please list name(s) and dosage(s): \_\_\_\_\_

**MEDICAL PROBLEMS**

6. Do you have any current medical problems? YES NO  
If yes, please list: \_\_\_\_\_

Have you ever had any significant medical problems? YES NO  
If yes, please list: \_\_\_\_\_

7. Would you like information from today's visit communicated to your  
primary care provider or any other medical doctor? YES NO

8. Are you currently taking medication for medical problems? YES NO  
If yes, please list name(s), dosage(s), and purpose: \_\_\_\_\_

9. Do you have any allergies and/or medication allergies? YES NO

If yes, please list: \_\_\_\_\_

10. Do you have a history of head injury, seizures, or loss of consciousness?

YES NO Please explain: \_\_\_\_\_

11. (Women only) Are you pregnant? YES NO

12. Do you have any pain management issues? YES NO

### **SUBSTANCE ABUSE**

13. Have you ever been treated for drug or alcohol abuse, or any other addictions? YES NO

14. Do you currently attend support groups? YES NO

15. Please circle any of the following that you have used in the past 30 days: tobacco, alcohol, marijuana, tranquilizers, sleeping pills, pain killers, heroin, cocaine/crack, methamphetamines/speed, methadone, LSD, PCP, Ecstasy, inhalants.

16. Have you ever experienced withdrawal symptoms? YES NO

17. Have you ever had a DUI? YES NO

### **LEGAL ISSUES**

18. Do you have any current legal issues? YES NO

19. Are you currently on probation/parole? YES NO

20. Do you have a DFACS worker? YES NO

### **EMPLOYMENT/EDUCATION**

21. Please circle current employment status: full time, part time, unemployed, homemaker, student, disabled, retired.

22. Are you currently on leave from work or seeking medical leave/disability?

YES NO

23. Please circle educational background: current student, did not complete high school, graduated high school, GED, some college, graduated college, advanced degree.

24. Did you experience difficulties in school? YES NO

**FAMILY/RELATIONSHIPS**

25. Please list anyone who lives in your home, his/her age, and relationship:

\_\_\_\_\_

26. Does anyone in your immediate or extended family have psychiatric, emotional, substance abuse, or behavioral problems? YES NO

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

27. Do you have a history of sexual or physical abuse? YES NO

28. Do you have any domestic violence issues? YES NO

29. What are your hobbies/interests? \_\_\_\_\_

\_\_\_\_\_

30. Is your support network: Good Moderate Poor

31. Do you have any difficulties or concerns about how you get along with other people? YES NO

32. Do you have difficulties with spiritual or religious matters?  
YES NO

33. Do you have any sexual orientation/gender issues or concerns?  
YES NO

**TREATMENT ACCESS/MOBILITY**

34. Are there any financial concerns that would affect your ability to access treatment? YES NO

35. Do you have access to transportation? YES NO

36. Do you have any disabilities, special needs, or other restrictions that may impact your treatment or access to treatment?  
YES NO

\_\_\_\_\_  
Patient (or person completing this form) signature

\_\_\_\_\_  
Date

I have reviewed and discussed this information with the patient.

\_\_\_\_\_  
Therapist Signature/Credentials

\_\_\_\_\_  
Date  
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